

part of the Vancouver Coastal Health Authority

VA Respiratory Services Pulmonary Function Requisition

SEE IMPORTANT TEST INSTRUCTIONS
ON PAGE 2

☐ **VGH Location**
Leon Blackmore Pavilion
Ground Floor - Station 3A
899 West 12th Avenue
604-875-4830
Fax: 604-875-5695

☐ **UBCH Location**
Koerner Pavilion
S103 Second Floor
2211 Wesbrook Mall
604-822-7255
Fax: 604-822-7903

Appointment Date: _____ **Time:** _____

Name: (surname) _____ (first) _____ PHN: _____

Birthdate: Yr _____ M _____ D _____ Sex: ☐ M ☐ F Phone: H _____ C/W _____

Address: _____ Email Address: _____

Practitioner: _____ Billing #: _____ Copies to: _____

Indication for Test/Preliminary Diagnosis: _____ History: _____

Practitioner Signature: _____ Date: _____

*** PLEASE NOTE THERE IS A \$30 CANCELLATION FEE FOR APPOINTMENTS MISSED OR
NOT CANCELLED AT LEAST 24 HOURS IN ADVANCE
Please remind patients that the lung function lab is a scent free environment**

☐ Preop ☐ Rapid decline in condition _____

Urgent ☐ No ☐ Yes specify _____

Infection Precautions? ☐ No ☐ Yes specify _____ Supplemental Oxygen? ☐ No ☐ Yes specify _____

Ambulatory? ☐ No ☐ Yes specify _____ Interpreter Required? ☐ No ☐ Yes specify _____

Lung Function Testing

☐ Spirometry (includes FV Loop) Before & After Bronchodilator ☐ Without Bronchodilator

☐ Detailed Lung Function (includes pre/post FV loop, diffusing capacity, lung volumes)

Oximetry Testing *see over

At Rest ☐ Room Air ☐ Oxygen _____ l/min ☐ Titrate to SaO₂ > 90%

Walking ☐ Room Air ☐ Oxygen _____ l/min ☐ Titrate to SaO₂ > 90% (includes resting oximetry)

Nocturnal ☐ Room Air ☐ Oxygen _____ l/min ☐ CPAP _____ cmH₂O

Arterial Blood Gas & Resting Oximetry ☐ Room Air ☐ Oxygen _____ l/min

☐ **Home Oxygen Assessment** (LTOT) may include oximetry at rest, ABG's, walking oximetry and/or O₂ titration

Other Diagnostic Testing

☐ Methacholine Challenge (requires pre/post spirometry prior to test) * **see over**

☐ Exercise induced Asthma Testing (requires pre/post spirometry & methacholine challenge prior to test) (VGH only)

☐ Respiratory Muscle Strength Testing (MIP/MEP) ☐ SNIP

Respirologist/Internist Only Section

☐ Hypoxic Challenge (High Altitude Simulation Test. VGH only) ☐ Shunt Study (VGH Only)

6 Minute Walk Test (includes resting oximetry) ☐ Room Air ☐ Oxygen _____ l/min ☐ Spirometry-sitting/supine

☐ Cardiopulmonary Exercise Test (VGH only) Other _____

Please arrive 15 minutes prior to appointment with Care Card & photo ID

Preparation Guidelines for Lung Function Testing

- No smoking on the day of testing (absolute minimum of 1 hour prior to testing)
- No alcohol on the day of testing (absolute minimum of 4 hours prior to testing)
- No strenuous exercise within 2 hours prior to testing
- No perfume, aftershave, or other scents
- Wear comfortable clothing and shoes
- Follow instruction provided by your doctor regarding withhold inhaled medications

The responsibility of determining if inhaled medication should be withheld prior to testing and communication of these instructions to the patient are the responsibility of the ordering physician. Below is a table of recommended bronchodilator withholding times prior to lung function testing. PFT lab staff reserve the right to forego post-bronchodilator testing if bronchodilator medications have not be held prior to the test.

Bronchodilator Medication	Withholding Time Prior to Test
SABA (e.g. salbutamol)	4-6 hours
SAMA (e.g. ipratropium bromide)	12 hours
LABA (e.g. formoterol or salmeterol)	24 hours
Ultra-LABA (e.g. indacaterol, vilanterol, or olodaterol)	36 hours
LAMA (e.g. tiotropium, umeclidinium, aclidinium, or glycopyrronium)	36-48 hours

Please continue to take all other medications as usual. If on anti-anginal medication (e.g. nitro spray), bring it with you to your appointment.

Preparation Guidelines Specifically for Methacholine Challenge Testing

The responsibility of determining if inhaled medication should be withheld prior to testing and communication of these instructions to the patient are the responsibility of the ordering physician. Below is a table of recommended bronchodilator withholding times prior to methacholine challenge testing. PFT lab staff reserve the right to reschedule testing if bronchodilator medications have not be held prior to the test.

Bronchodilator Medication	Withholding Time Prior to Test
SABA (e.g. salbutamol)	6 hours
SAMA (e.g. ipratropium bromide)	12 hours
LABA (e.g. formoterol or salmeterol)	36 hours
Ultra-LABA (e.g. indacaterol, vilanterol, or olodaterol)	48 hours
LAMA (e.g. tiotropium, umeclidinium, aclidinium, or glycopyrronium)	7 days
Oral theophylline	12-24 hours

If you have questions regarding withholding of inhaled medication prior to a methacholine challenge test, contact your doctor who requested the test. Please continue to take all other medications as usual. If on anti-anginal medication (e.g. nitro spray), bring it with you to your appointment.

Preparation Guidelines Specifically for Oximetry Testing and Home Oxygen Assessments

- If you use oxygen, bring your own oxygen device
- Bring your usual walking support device (e.g. cane, walker, etc.)
- Remove nail polish, gel nails, or artificial nails from at least one finger

Preparation Guidelines Specifically for Cardiopulmonary Exercise Testing

- Refrain from eating at least 2 hours prior to testing
- Avoid strenuous exercise for at least 24 hours prior to testing
- Avoid caffeine the day of the test
- No smoking for 8 hours prior to testing
- Follow instructions your physician may have provided regarding inhaled medications
- Bring inhaled medications including rescue inhalers with you to your appointment